BETTER DECISIONS · FREE PRINTABLE

The CLEAR Decision Worksheet

For a decision that matters. Work through the five steps, ideally when you are rested.

C: Clarify the real decision

L: List at least three options

A

B

C

E: Evaluate against what matters to me

What matters	Option A	Option B	Option C

A: Act with a deadline. My choice:

Decide by (date)

R: Review and learn. In a few weeks: what happened, and what did I learn?